



Do It Yourself - Natural Eyesight Improvement - Original and Modern Bates Method: 10 E-Books, Better Eyesight Magazine Illustrated with 500 Pictures by Ophthalmologist William H. Bates

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Createspace, United States, 1996. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book ***** Print on Demand *****.Natural Eyesight Improvement based on the Method, Treatments of Ophthalmologist William H. Bates. (Color Version. See Black White copy for a lower price or the short version; Ten Steps for Clear Eyesight Without Glasses.) Vol. 1 Paperback now contains all volumes, the EFT book and Dr. Bates books. Includes 20 Color Printable PDF E-Books with this Paperback book, Eyecharts, Audio, Video Lessons, 600+ color pictures, all the Author s and Ophthalmologist Bates 50 books. Contact the Author for the download link; Address is on the Thank-You Page inside the book. E-Book contains Word Search - type in any word, Example; Myopia to see 50-100 Treatments for unclear distant vision. Adobe Translates to Italian, Spanish, German. Activities; Shifting-Natural Eye Movement, Central Fixation, Relaxation, Memory Imagination, Switching Close, Middle, Far for perfect equally clear vision, convergence, accommodation, divergence, unaccommodation in the left and right eyes at all distances, Left and Right Brain Hemisphere Activation Integration, Color Treatment, Visualization, Alpha, Theta, Delta Brain Wave Deep Relaxation, Palming, Positive Thinking, Posture, Body

Reviews

This written publication is wonderful. It is rally fascinating throug reading period. I discovered this book from my dad and i suggested this publication to find out.

-- *Keshaun Daugherty*

This publication is definitely not effortless to get going on reading through but really exciting to read through. it was actually writtern really properly and beneficial. I am just very easily could get a delight of reading through a created publication.

-- *Gino Jerde Jr.*