



## Beating the Lunch Box Blues: Fresh Ideas for Lunches on the Go

By J. M. Hirsch

Atria Books. Paperback. Book Condition: New. Paperback. 208 pages. Longing for more than yet another limp salad Tired of tussling with the kids over junk food lunch kits Sounds like youve got the lunch box blues. J. M. Hirsch has the fix. But it isnt a cookbook. Because when it comes to lunch, nobody has time to break out a recipe to bang out a brown bag special. Busy people need lunch ideas. Lots of them. And those ideas need to be healthy, fast, easy, affordable, and delicious. Thats what Beating the Lunch Box Blues isan idea book to inspire anyone daunted by the daily ordeal of packing lunch. Jammed with nearly 200 photos and more than 500 tips and meals, this book is designed to save families time, money, and their sanity. Whether you want to jazz up a grilled cheese, turn leftover steak into a DIY taco kit, or make pizza sushi, Hirsch has it covered. And because the best lunches often are built from the leftovers of great suppers, he has also included 30 fast and flavorful dinner recipes designed to make enough for tomorrow, too. Crazy good stuff like short ribs braised in a Rosemary-Port Sauce,...



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