



## The Dreambook Productivity Planner 2016

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By Jennifer Sparks

Stoke Publishing, United States, 2015. Paperback. Book Condition: New. 279 x 216 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.Watch the video I created to show you INSIDE the DREAMBOOK Productivity Planner! \*\* // VAmDo\*\* This is your year. The year you are going to make things happen. How? By following the structure of this planner, designed by life coach, bestselling author, speaker and Ironman triathlete. Using strategies such as Habit Stacking, Morning Minutes, Magic 6, Easy Wins, Day of Alignment, and the Practice of Gratitude this DREAMBOOK Productivity Planner is like nothing you have ever seen. The structure is designed to assist you and support you as you create your best year yet! 250 pages. Black and White. The DREAMBOOK Productivity Planner 2016 Contains Free Access to The DREAMBOOK Resource Page on my website, including my popular HAPPY NEW YOU 7 Day E-Course Annual Planning Calendar for 2016 Quarterly Planning Calendars (Jan, Feb, Mar) (April, May, June) (July, Aug, Sept) (Oct, Nov, Dec) Daily Planning pages feature: - Scheduling for Monday - Sunday, 5am - 10 pm - Habit Stacking Check Lists that you customize based on your personal goals - Morning Minutes for setting...



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