



Working at Relational Depth in Counselling and Psychotherapy

By Dave Mearns, Mick Cooper

SAGE Publications Ltd. Paperback. Book Condition: new. BRAND NEW, Working at Relational Depth in Counselling and Psychotherapy, Dave Mearns, Mick Cooper, 'The book represents a 'gentle revolution'. The gentleness comes from its lack of stridency and from its inclusiveness, and the radical quality is that person-centred therapy in particular, and all therapeutic work in general, cannot be the same again' - Therapy Today 'this is a great, most important and, for the English-language readership, ground-breaking book. The subject of the book is of enormous interest and importance within and beyond the person-centered and experiential orientations in the whole field of psychotherapy and counselling, both in its practice and its theoretical development. This great book had to be written. It presents an existential, phenomenological, dialogical approach at its best, and highlights the power of encounter relationship. This book does not only portray the state of the art of person-centered and experiential psychotherapies. Since many modalities develop in this direction - it is foundational for the realm of psychotherapy and counselling as such. The book is of enormous international interest; not only the international perspective on literature and development in the field, but also the cross-links of different views contribute to the...



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