



Body Image as a correlate of generalized anxiety and depression among South African adolescents

By Gary Elliott

GRIN Verlag Sep 2011, 2011. Taschenbuch. Book Condition: Neu. 210x148x10 mm. This item is printed on demand - Print on Demand Neuware - Doctoral Thesis / Dissertation from the year 2011 in the subject Psychology - Developmental Psychology, grade: -, Atlantic International University, language: English, comment: Adolescent Body Image , abstract: The main objective of this study was to conduct an empirical investigation to gather information from adolescents in the Pretoria area as to their level of body image dissatisfaction, anxiety and depression. This information was used to identify whether correlations exist between these three variables for South African youth. A literature study was conducted and the following hypotheses were developed for study: I. Adolescent females report higher (more severe) levels of body image dissatisfaction than males. II. Depression rates among South African adolescents have a female-to-male ratio of 2:1. III. Depression prevalence rates among South African adolescents are lower than their American counterparts. IV. Adolescent females display higher levels of anxiety than their male counterparts. V. A significant positive correlation exists between levels of body image dissatisfaction and levels of depression. VI. A significant positive correlation exists between levels of body image dissatisfaction and feelings of anxiety. VII. There...



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